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## **Step 1 – The Self: Spirited Nature**

Everything begins with the spark of your own consciousness—the “I” that knows itself here. Jupiter, Venus, and Ceres shape this first impulse into zest, values, and a will to grow. This is the seed of your field: a living center of meaning that starts to give the world its shape.

## **Step 2 – Mercury: Mind in Motion**

Your mind carries that spark outward, turning curiosity into movement. When your thoughts align with the Self’s deeper sense of meaning, the mind becomes a clear current that helps your field take form.

## **Step 3 – Alignment: Values in Form**

Here the ego begins its true work: organizing your energy in service of what you find beautiful and worthwhile. Saturn brings structure; Venus offers vision. Together they align your efforts with your deeper values, giving the field integrity.

## **Step 4 – The Whirlpool: Ego as Organizer**

The ego is not identity but the vortex that gathers experience into a center. Uranus shifts perspective; the Moon shapes sensation into meaning. This is where scattered impressions become a felt home, allowing the Self to see itself reflected.

## **Step 5 – Drive: Action as Renewal**

When the Self’s spark meets the ego’s organizing power, momentum awakens. Mars stirs appetite and action; Pluto adds depth. Each aligned act renews your field, keeping life moving from within.

## **Step 6 – Coherence: Living Light**

Here purpose and longing meet. The Sun’s clear center and Neptune’s dream of unity create a state of radiant coherence. The ego steps back; the Self shines through. Your life feels like living art.

## **Step 7 – Magnitude of Spirit**

The spark that began it all expands into full resonance. Jupiter radiates with buoyancy and meaning; the Self becomes a luminous center of alignment. Here your field hums with harmony, inviting the world into the same.

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